

BIO

Selina Sheth is an author, journalist and screenwriter based between Mumbai, New Delhi and Munich. Her work has featured on platforms such as The New York Times, Scroll, The Wire, Arre, Open Democracy, The Daily Eye, Yoga Journal Singapore, Roli Books, Juggernaut Books, The Bangalore Review, Out Of Print, Literally Stories, Nether Quarterly, The Woman Inc., Spillwords Press, Saaranga Books, Kitaab International (South Asia), Cosmopolitan India, Star Television, Sony Entertainment, Walt Disney India, Zee Television, Asia Business News, MTV Asia News and BBC World.

Selina's screen credits include a senior script consultancy position on the Hindi/English feature film *Dil Kabaddi* (2008), starring Irrfan Khan and Konkana Sen Sharma. Prior to this, she wrote and directed *The Red Thread Zens*, a documentary feature on the Punjabi author and poet Amrita Pritam, and was nominated for a RAPA award for co-directing *Agnichakra*, Zee Television's most popular crime series in the early 2000s. Alongside, she has held editorial and creative positions with the TV18-CNBC and Sony Entertainment networks.

In 2022, Selina's reportage on Kabul's literary culture was published in *A Brief History of Afghanistan*, a book by Portugal-based journalist Ricardo Alexandre. The same year, she became a Council Member of the Print Media division, Women's Indian Chamber of Commerce and Industry (Maharashtra). She has also served as a guest speaker at Mumbai's Yatha Katha International Film and Literature Festival, the Elevate Writers Conclave and the FX School. In March 2023, she was profiled in Kitaab International's 'South Asian Women Writing' series.

Additionally, as a Hatha Yoga therapist certified by The Yoga Institute, Mumbai, Selina maintains a keen interest in teaching and studying the practice, and often writes about contemporary yoga and ayurveda for international readers.

Selina is an alumna of Hindu College, Delhi University and the Indian Institute of Mass Communication, New Delhi. She has participated in writing programs and workshops via Stanford Continuing Studies (California, USA), Gotham Writers' Workshop (New York, USA), Berlin Writers' Workshop (Berlin, Germany), City Lit (London, UK) and the British Council, New Delhi – with an emphasis in short fiction, autobiographical fiction and creative non-fiction.

Selina is currently working on her debut novel, a work of autofiction.